

Next Story

Article rank ■■■■ | 3 Oct 2016 | Frankston Standard Leader

BEAR APPEAL

Q Zoom

★ Bookmark

↔ Share

🖨 Print

🔊 Listen

↔ Translate



A Carrum Downs group is after more “**Mumma Bears**” to provide support to young mums in the area.

THE **Mumma Bears** group is going from strength to strength.

Picture: JASON SAMMON



Mumma Bears founder Carol Ray (second from right) with young mum Renee Gipp and her children Jai, 6, and Jet, 2.

So much so that more volunteers are urgently needed to mentor and support younger mothers.

Carrum Downs woman and founder Carol Ray started the group after seeing an online comment from a young mum, who voiced her loneliness.

The group, which involves older mothers providing support, friendship and advice to their younger counterparts, subsequently exploded with numerous people signing up.

“Most of the young mums are looking for a role model in their life and someone they can turn to when things get tough,” she said.

“There’s an awful lot of social anxiety and loneliness out there.”



To get involved, visit mummabears.com.au or phone 0432 617 730.